

Twin Lakes Community Association

Website: www.tlca.ca

Email: twinlakesdanceprogram@gmail.com

Dance Coordinator: Tina Ash

Instructors: Shannon Anderson (Thursday)

Allison Millham (Monday & Wednesday)

Autumn Alberts (Tuesday)

Assistants: Ryleigh McDavid (Monday)

Ainsley Pelzer (Tuesday)

Hannah Alberts (Wednesday & Thursday)



IMPORTANT DATES

September 25, 2023

Classes Begin

October 2 - 5, 2023

Bring a Friend

October 16-19, 2023 & Feb 5-8, 2024

Parent Watch Weeks

October 23 – 26, 2023

Halloween Dress-Up Week

December 8, 2023

Last day of classes before winter break

January 8, 2024

Classes Resume

March 2, 2024

Dance Pictures
(Rosewood Alliance Church)

April 12, 2024 (tentative date)

Recital Rehearsal
(Location TBD)

April 14, 2024

Dance and Cheer Recital
(Riddell Centre Theatre U of R)

Dear Parents,

Welcome back to another year of Dance. We are excited to bring another full year of fun, memories and new friendships.

In this newsletter you will find all of the information you will need for the entire dance year, so please keep this in a safe place for reference. **Also, please make sure to check your email, text messages and website regarding unforeseen changes and updates.**

We have secured the photo and recital dates so that you can put these in your calendar well ahead of time. Rehearsal dates/time to follow.

We are excited to again be hosting the recital at the Riddell Centre Theatre at the University of Regina.

Please ensure that JackRabbit (the registration system TLCA uses) includes all emergency contact information and your current parent cell phone numbers. We will be using the JackRabbit text messaging service that utilizes the saved cell numbers to send any class cancellation notices during the year (along with emails if you have not consented to a cell number for text messages).

Additional information will be distributed via email as the season progresses. If you have any questions, comments, or concerns, please let us know. We hope this is a fun and enjoyable season for all!

Sincerely,

Tina Ash
TLCA Dance Coordinator

NO CLASSES ON

October 2 & 9, 2023

(Truth & Rec & Thanksgiving)

October 31 & November 13

(Halloween & Remembrance)

December 11, 2023 to January 7, 2024

(Christmas Break)

February 19– 22, 2024

(School Break)

April 1- 5, 2024

(Easter Break)

Classes Begin:

Monday dance classes - **September 25, 2023**
Tuesday dance classes - **September 26, 2023**
Wednesday dance classes - **September 27, 2023**
Thursday dance classes - **September 28, 2023**

All dance classes will be held in the **auditorium at Winston Knoll Collegiate High School** (5255 Rochdale Boulevard) except for the following dates when the classes will be moved to the **multipurpose room at Winston Knoll Collegiate**.

- **October 30 – December 7, 2023**

An exception to the above is the following: Two Thursday classes will be held at MacNeill School (6215 Whelan Drive) in the gym.

Note: no tap shoes will be allowed in the gym at these classes.

- **November 30 & February 1**

Dance Requirements & Guidelines

Dance Attire:

Students are required to have their **hair pulled back from their face**.

Students must wear comfortable dancewear (yoga pants, leggings, shorts, t-shirt, etc.)

No jeans, gum, large earrings, necklaces or bracelets. Runners must be clean indoor and non-marking.

Ballet/Tap classes require pink ballet slippers and black tap shoes.

Ballet/Jazz classes require pink ballet slippers and tan jazz shoes.

Hip Hop classes require plain white runners (these are needed for the recital, no need for expensive ones.)

Song/Dance/Tap classes require tan jazz shoes, runners or ballet slippers and black tap shoes

Tap classes require black tap shoes.

Tap/Jazz classes require black tap shoes and tan jazz shoes.

Adult Tap/Jazz – Tap shoes, Shannon will let us know about jazz shoes at the first class.

It is recommended to bring a non-breakable water bottle to practice. There will not be time for snacks in class, however if you pack snacks for other siblings or for after class, **please ensure they are NUT FREE.**

Siblings are welcome to wait but are not permitted to be walking or running up and down halls, stairwells or the commons area at any time in the school during dance practice.

We require an emergency contact number so that you can be reached in the case of an emergency. If you have not yet provided one please ensure you have entered this into the JackRabbit Parent Portal. **Parents of children who have a medical condition must remain in the building at all times to assist your child if a medical event occurs. If your child is under 9 years of age, we also request you remain in the building at all times to assist bathroom breaks or other issues.**



Volunteerism

Thank you for supporting the Twin Lakes Community Association dance program.

There will be upcoming opportunities to volunteer, especially during picture day, the dance rehearsal and dance recital. Volunteers are necessary to ensure the long-term viability of our dance program. We are confident that you will find some time to volunteer when a call for volunteers is made in February/March.

The Twin Lakes Community Association is always looking for casual volunteers to distribute newsletters, assist with cabaret set-up, develop new programs, and assist with upcoming events as identified by the Executive.

The Association has established a Strategic Plan with many new and exciting activities for our community, but these will only be delivered with additional volunteers. If you are interested in volunteering in any capacity with the Association, please contact the Dance Coordinator.

Watch Week:

During watch week, parents are invited to go to the second-floor gallery to watch their child dance. For non-watch weeks parents must wait outside the class in the commons area for their child. **Parents are NOT allowed in the class aside from the watch weeks as it causes a distraction for the children and the instructor.**

Dance Pictures:

Dance pictures will be held at Rosewood Park Alliance Church on Saturday, March 2, 2024. Schedule to follow closer to the date.

Dance Rehearsal:

Due to the higher number of Dance and Cheer participants, we will have to hold our rehearsal on a day other than recital day. Location and Date to be determined. More information to come.

Dance Recital:

A combined Dance and Cheer recital will take place at the Riddell Centre Theatre, University of Regina, on Sunday April 14, 2024. The recital will be split into sessions to ensure a positive experience for all. We will be using ticketed seating for the performance using the same approach for purchase as last year. More information to come closer to the date.